

PE		Year 2	
Focus: Skipping and playground games			
Age related PE vocabulary			
Teamwork	Working together	partner	Person who you work with
shoot	Sending a ball towards a goal or target by throwing or kicking	fitness	Helping to keep you physically healthy.
score	Winning a point	rhythm	A strong regular repeated pattern of movement or sound.
space	Somewhere where there is no other player	coordination	The ability to move your body efficiently and smoothly.
sequence	A series of linked movements	pass	Moving a ball to a team mate
movement	How and where you move your body.	performance	Presenting something you have practised

Selby Community Primary School Subject Knowledge bank



- Touch Wood: There is a Chaser who has to try and catch one of the others. If caught, YOU become the new Chaser. You cannot be caught if you are touching something made out of wood.
- Duck ! Duck ! Goose !: One person walks round the circle tapping each player on the shoulder saying 'Duck'. When the Duck taps someone and says 'Goose', that player has to chase the Duck round the outside of the circle. If the Duck gets to the Goose's place without being caught, the Goose becomes the new Duck.
- Children learn to jump before they can hop or skip. Skipping is a difficult skill to learn. It involves the legs and arms doing different tasks at the same time. Rhythm and timing are extremely important.
- Some children find it easier to learn to skip on the spot while others find it easier to learn to skip on the move (e.g. like they are walking).

Useful web sites

Sport England <https://www.sportengland.org>

Home | Change4Life - NHS <https://www.nhs.uk> › [change4life](https://www.nhs.uk/change4life)